



## **Appendices**

Appendix 1: Survey Methodologies .....	2
Appendix 2: Full thematic analysis of responses to the question <i>Could you tell us more about your answer above?</i> (Primary education).....	5
Appendix 3: Full thematic analysis of responses to the question <i>If there is anything that you would like changed about the current arrangements for your learning please let us know.</i> (Secondary education). ....	7
Appendix 4: Full thematic analysis of responses to the question <i>What kind of support could schools or organisations for young people provide to help with your education?</i> (Secondary education).....	10
Appendix 5: Full thematic analysis of responses to the question <i>If there is anything that you would like changed about the current arrangements for your learning please let us know.</i> (College, University, Apprenticeship or Training).....	13
Appendix 6: Full thematic analysis of responses to the question <i>What kind of support could schools or organisations for young people provide to help with your education?</i> (College, University, Apprenticeship or Training). ....	15
Appendix 7: Full thematic analysis of responses to the question <i>What role do you feel that youth work will play for young people as Scotland eases out of lockdown?</i> .....	17
Appendix 8: Full thematic analysis of responses to the question <i>As lockdown restrictions ease, plans are being made to create more opportunities for young people to socialise, take part in a range of activities over the summer holidays and to open up community spaces. Please tell us what would be of most benefit to you and your friends over the summer holidays.</i> .....	19
Appendix 9: Full thematic analysis of responses to the question <i>Is there anything that could help you improve your relationships that have been negatively impacted by the pandemic?</i> .....	22
Appendix 10: Full thematic analysis of responses to the question <i>Thinking about the future, what ways would you like to receive support around your employment?</i> .....	25
Appendix 11: Full thematic analysis of responses to the question <i>Are there any ways in which you would like to receive support for any of the issues raised in this section of the survey?</i> .....	28
Appendix 12: Full thematic analysis of responses to the question <i>Are there any topics not included above that you would like more information about at this time</i> .....	30
Appendix 13: Full thematic analysis of responses to the question <i>If there are ways in which provision of information around coronavirus (COVID-19) could be improved, please use the box below to tell us your ideas.</i> .....	32



## Appendix 1: Survey Methodologies

### Survey 1

1. Survey questions were developed in partnership with YouthLink Scotland and the Scottish Youth Parliament over Basecamp.
2. The survey was split into three sections:
  - Your concerns regarding the impact of coronavirus (COVID-19)
  - Access to information
  - The role of decision makers
3. The survey was created on Young Scot's third-party survey tool, Alchemer, and was launched on 3<sup>rd</sup> April 2020.
4. The survey was live for two weeks, closing on 17<sup>th</sup> April 2020. It was promoted through social media channels for all organisations, and the link was disseminated to relevant partners for sharing.
5. There were 2,421 responses in total. All analysis was completed by Young Scot's Insight and Intelligence Officer for consistency. Quantitative results were analysed in Excel and Tableau. Qualitative results were analysed using NVivo software.
6. Ethical considerations: All responses were anonymous in order to eliminate response identification. Respondents were also asked if they would be happy for their responses to be anonymously quoted – all quotes in the report documents are from respondents who selected Yes to this question.

### Survey 2

1. Survey questions were developed in partnership with the Scottish Government, YouthLink Scotland the Scottish Youth Parliament. The original themes from the first survey were expanded upon, creating five sections:
  - Impact of coronavirus (COVID-19) on education
  - Impact of coronavirus (COVID-19) on your relationships
  - Impact of coronavirus (COVID-19) on employment
  - Impact of coronavirus (COVID-19) on you
  - Access to information
2. The survey was created on Young Scot's third-party survey tool, Alchemer, and was launched on 28<sup>th</sup> September 2020.
3. The survey was live for five weeks, closing on 3<sup>rd</sup> November 2020. It was promoted through social media channels for all organisations, and the link was disseminated to relevant partners for sharing. In order to increase accessibility, an offline version of the survey was created in a Word document and available upon request.
4. There were 6,043 responses in total. Quantitative results were analysed in Excel and Tableau. Qualitative results were analysed using NVivo software.
5. Due to the large number of qualitative responses (over 12,000), the analysis of these questions was split between Young Scot's Insight and Intelligence Officer and YouthLink Scotland's Senior Policy and Research Officer. The table below demonstrates the question analysis breakdown:



Question	Responses	Analyst
Is there anything that you would like changed about the current arrangements for your educational course?	2,547	Young Scot: Insight and Intelligence Officer
Do you have any further thoughts about the impact of coronavirus on education?	1,997	
Do you have any further thoughts about the impact of coronavirus on your relationships?	2,679	
Do you have any further thoughts about the impact of coronavirus on employment?	1,982	YouthLink Scotland: Senior Policy and Research Officer
Do you have any further thoughts about the issues explored in this section?	1,634	Young Scot: Insight and Intelligence Officer
Are there any topics not included above that you would like more information about at this time?	1,113	YouthLink Scotland: Senior Policy and Research Officer
Do you have any further thoughts about accessing information about coronavirus?	1,023	

- Ethical considerations: All responses were anonymous in order to eliminate response identification. Respondents were also asked if they would be happy for their responses to be anonymously quoted – all quotes in the report documents are from respondents who selected Yes to this question. Young people’s wellbeing was considered due to the sensitive nature of some of the topics included. In response to this consideration, young people completing the survey were signposted to support on the final page.

### Survey 3

- Survey questions were developed in partnership with the Scottish Government, YouthLink Scotland the Scottish Youth Parliament. The themes from the second survey were expanded upon, creating eight sections:
  - Impact of coronavirus (COVID-19) on primary education
  - Impact of coronavirus (COVID-19) on secondary education
  - Impact of coronavirus (COVID-19) on higher or further education and training
  - Impact of coronavirus (COVID-19) on youth groups
  - Impact of coronavirus (COVID-19) on your relationships
  - Impact of coronavirus (COVID-19) on employment
  - Impact of coronavirus (COVID-19) on you
  - Access to information
- The survey was created on Young Scot’s third-party survey tool, Alchemer, and was launched on 31<sup>st</sup> March 2021.
- The survey was live for two months, closing on 31<sup>st</sup> May 2021. It was promoted through social media channels for all organisations, and the link was disseminated to relevant partners for sharing.
- There were 2,404 responses in total. Quantitative results were analysed in Excel and Tableau. Qualitative results were analysed using NVivo software.

# Lockdown Lowdown

A survey of young people  
in Scotland as lockdown  
begins to ease



5. Due to the reduced number of qualitative questions in this version, all analysis was completed by Young Scot's Insight and Intelligence Officer for consistency.
6. Ethical considerations: All responses were anonymous in order to eliminate response identification. Respondents were also asked if they would be happy for their responses to be anonymously quoted – all quotes in the report documents are from respondents who selected Yes to this question. Young people's wellbeing was considered due to the sensitive nature of some of the topics included. In response to this consideration, young people completing the survey were signposted to support on the final page.



## Appendix 2: Full thematic analysis of responses to the question *Could you tell us more about your answer above? (Primary education).*

The “answer above” refers to the question *Schools were closed from March until August 2020. They were also closed again from December 2020 and started to re-open in spring 2021. Was it easier or harder for you to learn from home during the second school closure? (Primary education).*

Response Selection	Theme	Responses
<b>I felt that learning from home was easier than the first time the schools were closed</b>	Able to concentrate more	3
	Use of Microsoft Teams (general)	2
	Improvement in online resources (general)	2
	Teachers were more prepared	2
	Better understanding of Microsoft Teams	2
	Increased contact with teacher	2
	Access to school Ipad	1
	Felt more mature	1
	In school while others weren't	1
	Guidelines were clearer	1
	Went to a hub	1
	More apps were set up for home learning	1
	More organised (general)	1
	One parent was dedicated to helping out due to lost job	1
	Use of Microsoft Teams meant the whole class could be seen	1
	Increase in online lessons	1
	Used music to help concentration	1
	Not much work was set	1
	Clearer timetable	1
	Home environment had improved	1
Did not feel like they were falling behind	1	
Teachers created extra activities	1	
<b>I felt that learning from home was harder than the first time the schools were closed</b>	Did not enjoy online working	6
	Increase in workload	3
	Harder (general)	2
	No substitute for learning in person	2
	Unable to get help from parents	2
	Found online learning confusing	2
	Difficulty accessing school laptop	1
	Work was harder from due to moving up a school year	1
	Difficult to concentrate	1
	Difficulty learning from a video	1
	Lack of motivation	1
	Had to share resources with a sibling	1
	Increase in expectation	1
	Had to get support from working parent	1

# Lockdown Lowdown

A survey of young people in Scotland as lockdown begins to ease



	Feel like they've fallen behind in a specific subject	1
<b>I felt that learning from home was the same as the first time the schools were closed</b>	Loneliness working from home	2
	Able to get help from a parent	1
	School work was the same but had decreased in amount	1
	Only able to see teacher for a few minutes a day	1
	Unable to access WiFi	1
	Able to keep a routine	1
	Had to use different resources than at school	1
	Did not learn anything new	1
	Did not enjoy online learning	1
	Unable to concentrate	1
	Same thing each day was boring	1
	Learned from friends as well as teacher	1

# Lockdown Lowdown

A survey of young people in Scotland as lockdown begins to ease



## Appendix 3: Full thematic analysis of responses to the question *If there is anything that you would like changed about the current arrangements for your learning please let us know. (Secondary education).*

Main Theme	Theme	Responses
Difficulty with assessment programme in place	Replacement of exams with assessments criticised	53
	More time to prepare for exams	15
	Space out assessments	10
	Reduce assessments	7
	Move assessments to later in the term	6
	Cancel assessments	5
	Delay exams	1
	Cancel prelims	1
	Reinstate exams	1
	Ensure assessments are fair	1
	Alter structure of assessments	1
	Exam content (general)	1
Learning in school preferred	Return to learning in person (full-time)	37
	Difficulty with learning in home environment	11
	Difficulty with online learning	11
	Return to learning in person (where possible)	8
	Dislike online learning (general)	3
Reduce safety measures in school	Remove need for face coverings in school	23
	Only wear face coverings when not in class	13
	Difficulty with face coverings	7
	Remove social distancing in school	3
Dedicated study time or space	Remove sanitisation requirements	2
	Lack of study leave	13
	Dedicated revision time (study leave)	12
	Dedicated time to catch up on missing work	6
	Dedicated revision time (in school)	6
	Increase in supported study	5
Improved communication	Dedicated study spaces within school	2
	Improved communication around exams and assessments	11
	Improved communication with teachers	10
	Improved communication with teachers when learning online	9
	Improved communication from schools to students	3
	Deaf accessible communication methods	1
Pressure to perform despite circumstances	Improved communication between government and schools	1
	Pressure to perform under difficult circumstances	20
	Acknowledgement that performance may be lower than expected	6
	Understanding that online working does not suit everyone	2
	Understanding from exam boards	2
	Adjustment of grade due to home learning	2
	Reduce time management pressure	1
Improvements to teaching methods	Improved teaching (general)	10
	Teachers not covering full curriculum	4
	Feel like they are learning the same things over and over	4
	Reduce class sizes	3
	Group work	3
	Improve homework	2
Group classes according to understanding of topic	2	

# Lockdown Lowdown

A survey of young people in Scotland as lockdown begins to ease



	Support in a specific subject	1
	More motivation or encouragement from teachers	1
	Intensive learning over a shorter period of time	1
Happy with current arrangements	Happy with current arrangements	30
Enforce safety measures in school	Enforce social distancing	14
	Enforce use of face coverings	7
	Ensure teachers are also following safety rules	3
	Enforce safety rules (general)	3
	Enforce open windows	2
Improvements to online learning	Increase live online teaching	7
	Make online lessons more interactive	7
	Improved online learning (general)	3
	Reduce screen time	2
	Allow online peer group discussion	2
	Smaller groups for online learning	1
	Shift online learning to later in the day	1
	Introduce firm timetable for learning at home	1
	Support with online learning	1
	All lessons accessible online	1
	Reduce length of online school day	1
Online or home learning preferred	Online learning full-time	20
	Felt safer learning from home	6
	Online learning until the end of the school year	1
Mental health support	Acknowledgement of impact on mental health	15
	Reduce stress (general)	2
	Dedicated space to talk about issues during this time	2
Alteration to school day	Start the school day later	5
	Alter lunchtimes or breaktimes	5
	Dislike long periods	5
	Reduce length of school day on exam days	3
	Longer lessons	1
Difficulty with workload or pace of learning	Reduce workload	8
	Reduce pace of learning	6
	Extend work deadlines	1
	Extension of the school year into the summer	1
	Reduce homework	1
Difficulty with return to school	Return to school was rushed	6
	Return to school was difficult to adjust to	5
General improvements	Improved support (general)	8
	Improved resources (general)	1
	Equality (general)	1
	Improved organisation (general)	1
Teaching during lockdown was not satisfactory	Feel like they've had to teach themselves	7
	Pupils were not taking part in classes when learning from home	1
	Learning impacted when other pupils self-isolate	1
Alteration to school week	Different year groups to attend on different days	4
	Alter timetable	3
	Half day on Friday	2
Allow extracurricular activities or PE	Allow PE to return to normal	4
	Allow clubs	2
	More PE	2
	Allow school trips	1
Improved support for specific groups	Feeling unsupported as unable to return to school in person	3
	Improved structure for those self-isolating	3



# Lockdown Lowdown

A survey of young people in Scotland as lockdown begins to ease



	Support with additional needs	2
	Increased support for those leaving school in 2021	1
Access to resources	Improved access to technological resources	7
	Access to study resources	1
Movement around the school	Allow movement between classrooms	2
	Stagger movement through the school	2
	One-way system	1
	Difficulty navigating way around school	1
	Increase space in hallways	1
Allow young people to have their say	Option to study from home	4
	Allow young people to have their say	2
	More choice of topics	1
Comment on wider restrictions	Return to normality	3
	Confusion around impact of restrictions	1
	Reduce wider restrictions (level system)	1
Consistency between schools	Consistent approach across Scotland	2
	More consistency (general)	1
	Disparity between state school and private school approach	1
Difficulty with transitions or milestones	Missing out on milestones	2
	Difficulty transitioning between primary and secondary school during lockdown	2
Other aspects of school	No school uniform	2
	School meals	1
Additional work	Increase assessments	1
	Additional assessments for those who underperformed	1
Issue with specific school or teacher	Issue with specific teacher	1
	Criticism of specific school	1
Other	Re-do this school year	2
	Study periods are not helpful	2
	General negative comment	2
	No longer interested in school	1
	Difficulty with blended or hybrid learning	1
	Criticism of study leave for exam skills	1
	Easy and regular access to Lateral Flow Device tests	1
	No divide between home life and school life	1
	Felt safer when less pupils were in the school building	1
	Access to placements	1
	Want to switch classes	1
	Unsure why they still have to go to class although assessments are over	1
	Where they sit in the classroom	1
	Mostly sitting by themselves	1
	Access to more outdoor space	1
	Get a full summer holiday	1



## Appendix 4: Full thematic analysis of responses to the question *What kind of support could schools or organisations for young people provide to help with your education? (Secondary education).*

Main Theme	Theme	Responses
Dedicated study time or space	Dedicated time to catch up or study	162
	Dedicated time for revision	27
	Study leave	16
	Online supported study	8
	Summer classes	4
	Dedicated study space	2
Mental health support and information	Improved mental health support	63
	Improved teaching about mental health	23
	Regular monitoring of all students	13
	Dedicated relaxation time or space	13
	Less pressure (general)	8
	Funding for youth mental health support to be delivered through schools	1
Difficulty with assessment programme in place	Space out assessments	26
	More time to prepare for assessments	25
	Cancel exams	10
	Reduce number of assessments	9
	Allow evidence from the whole school year rather than assessments	4
	Less pressure on assessments	3
	Improved assessments (general)	2
	Make assessments easier	2
	Method of evidence gathering (general)	1
	Delay assessments	1
General support or help with work	Relax assessments	1
	More explanation or help with work (general)	36
Personalised support with work	General support or reassurance	36
	Access to tutors or learning assistants	24
	One on one sessions with teachers	19
	Support when studying for assessments	3
Improvements to teaching methods	More flexible and personalised teaching	3
	Improved teaching (general)	9
	Teachers to ensure pupils will be able to pass assessments	7
	Lessons tailored to abilities	4
	Allow more practical work	4
	Improve revision	3
	Improved feedback structures	3
	Alter the curriculum	3
	Make lessons more interesting	2
	More structured timetables	2
	More motivation or encouragement from teachers	2
	Reduce class sizes	1
	Focus on learning not just preparation for assessments	1
	Finish the course on time	1
	Learn new things, not just a repeat	1
Discipline disruptive pupils	1	
Improved communication	Improved communication around exams and assessments	20
	Improved communication with teachers	8

# Lockdown Lowdown

A survey of young people in Scotland as lockdown begins to ease



	Improved communication about changes	6
	Improved communication (general)	3
	Improved communication with teachers when learning online	2
	Improved communication between SQA and schools	2
	Improved communication around restrictions	1
Access to resources	Access to digital or online resources	19
	Access to study resources	13
	Access to physical resources	4
	Access to resources (general)	2
Acknowledgement and consideration of the impact of lockdown	Consideration for the negative impact of lockdown	27
	Recognition that results will not be representative	4
	Leniency with grades given the difficult circumstances	3
	Allow re-testing	2
General improvements	Adjustment of grade due to home learning	2
	More time (general)	18
	Improved organisation (general)	4
	Honesty	3
	More fun (general)	3
	Patience (general)	2
	General improvement	1
Happy with current support	Money (general)	1
Learning in school preferred	Happy with current levels of support	31
	Return to learning in person (where possible)	14
	Return to learning in person (full-time)	12
	Return to learning in person (those with additional support needs)	2
Improvements to online learning	Return to learning in person (where possible)	14
	Increase live online teaching	11
	Interactive rather than static format	9
Improved support for specific groups	More online meetings	6
	Support with additional needs	10
	Support for LGBTQ+ young people	2
	Support for pupils who are adhering to religious practices	1
	Support for young carers	1
	Support for those not doing qualifications	1
Topics or subjects to focus on	Support for pupils who are not English	1
	Help with future life skills	8
	Focus on foundation subjects	2
	Include languages	1
	More PSE lessons	1
	Focus on developing young people as a whole	1
Difficulty with workload or pace of learning	Reduce workload	9
	Reduce homework	2
	Relax deadlines	1
	Reduce course content	1
Allow young people to have their say	Allow input from pupils around decisions	12
	Encourage social change in the community	1
Allow extracurricular activities	Allow extracurricular activities	11
Additional work	Additional homework	7
	Increase assessments	2
Other aspects of school	Allow work experience	2
	Access to the library	2
	Improved school meals	2
	No school uniform	1
	Improved school transport	1

# Lockdown Lowdown

A survey of young people in Scotland as lockdown begins to ease



Technical support	Improved technical support	4
	Improved technical support for teachers	2
Dedicated spaces for youth work or socialising	Online youth work space	4
	Open youth work centre	1
	Dedicated space to socialise outside of school	1
Support for teachers	Increase staffing	3
	Support for teachers	2
Physical health support	Improved physical health support	5
	Alter lunchtimes or breaktimes	2
Alteration to school day or school week	Half days	1
	Shorten the school day	1
	Extend the school day	1
Difficulty with learning in person	Want to leave school	2
	Difficulty concentrating in lessons	2
Comment on wider restrictions	Return to normality	3
	Lack of things to do	1
Online or home learning preferred	Online learning full-time	3
Remove need for face coverings in school	Remove need for face coverings in school	3
More responsibility from the SQA	Review of previous approach to assessment	1
	More support from the SQA	1
Increase general preparation	Prepare for possibility of next year being the same	1
	More preparation (general)	1
Other	Retake the school year	2
	Complaint about being sent out of class	2
	Close schools	2
	Where they sit in the classroom	2
	Funding for specific subjects	1
	Teachers are the best people to estimate grades	1
	Claim that school does not care	1
	Blended or hybrid learning	1
	Enforce social distancing	1
	Do not discriminate	1
	Don't want to be asked to speak up in class	1



## Appendix 5: Full thematic analysis of responses to the question *If there is anything that you would like changed about the current arrangements for your learning please let us know. (College, University, Apprenticeship or Training).*

Main Theme	Theme	Responses
Return to learning in person	Return to learning in person (where possible)	16
	Return to learning in person (full-time)	13
	Return to learning in person (for practical sessions)	12
	Should be able to return staff are vaccinated	1
	Return to learning in person (small groups)	1
	Return to learning in person (part-time)	1
Alteration to current methods	Want to go on work experience placement	2
	More live classes rather than pre-recorded	2
	More time to complete coursework	1
	More fun (general)	1
	Reduce course content	1
	Wider variety of online activities on offer	1
	More group activities	1
	Ensure timetable is stable	1
	More preparation needed for placements	1
Opportunities for socialising or meeting classmates	Opportunities to meet up with classmates	7
	Opportunities for socialising	2
More communication	More communication from lecturers	4
	More communication from establishment	2
	Earlier communication regarding changes to course	1
	More communication around expectations	1
	More communication around graduation	1
More support	More support with workload	3
	More support from establishment	3
	Increased mental health support	1
Negative impacts of online learning	Decrease in motivation	3
	Not being around peers while learning is detrimental	1
	Decrease in concentration	1
Accessibility of software/equipment	Difficulties with using Microsoft Teams	2
	Increase accessibility to computer labs	1
	Establishment to provide software rather than having to purchase themselves	1
Other learning preferences	Would prefer to continue learning online rather than in person	2
	Blended learning	1
Discrepancy between expectations of establishment and quality of learning experience	Discrepancy between expectations of establishment and quality of learning experience	3
The impact of restrictions on the learning experience	Discrepancy between placement being in-person and academic learning not	1
	Criticism of changing restrictions	1
Comments around work	Return to work	1
	Not being around colleagues is detrimental	1

# Lockdown Lowdown

A survey of young people  
in Scotland as lockdown  
begins to ease



Do not think COVID should be impacting education	Do not think COVID should be impacting education	1
Critique of establishment	Had been told there was some in-person learning but has not yet happened	1
Other	Vaccinations to be offered to students	1
	Students have been scapegoated	1
	Missing out on milestones	1
	Positive opinion of the Open University	1



## Appendix 6: Full thematic analysis of responses to the question *What kind of support could schools or organisations for young people provide to help with your education? (College, University, Apprenticeship or Training).*

Main Theme	Theme	Responses
Method of support	One-on-one support	4
	Opportunity to ask detailed questions	3
	Allow study groups or group work	2
	Academic support (e.g. essay writing)	1
	Outreach programmes	1
	Dedicated support lines	1
	Tuition to help people catch up	1
	Demonstrations of how to do work	1
	Drop-in sessions	1
Mental health support	Mental health support (general)	9
	Mental wellbeing sessions	2
	Mental health awareness campaigns	1
	Mental health support for lecturers	1
Alteration to current learning methods	More online interaction	2
	Improved adaptation to online working	2
	Interactive activities	1
	Make online materials more engaging	1
	Ensure lectures are always recorded	1
	Improved learning materials (general)	1
Improved communication	Improved communication with lecturers	4
	Improved communication (general)	2
	Clarification around exams	1
General comments	Improved support (general)	4
	More information (general)	1
	More events (general)	1
Lenience/understanding	Understanding when performance may be lower than expected	2
	No detriment policy	2
	More appreciation of those studying specific topics	1
	Understanding of the challenging circumstances	1
Alteration to current course/class structure	Increase number of classes	1
	Reduce course content	1
	More time to complete coursework	1
	Extend the length of time courses run for	1
	Cancel exams	1
	Extend the term into summer	1
Access to resources	Access to course materials	2
	Access to resources for coursework	1
	Improved access to technological resources	1
	Access to physical course materials	1
Financial support	Financial support (general)	3
	Student grants for accommodation	1
Technological support	Support with technology	2

# Lockdown Lowdown

A survey of young people in Scotland as lockdown begins to ease



	IT support	2
Return to learning in person	Return to in person learning (full-time)	2
	Return to learning in person (for practical sessions)	1
	Return to in person learning (where possible)	1
Opportunities to meet people in person	Dedicated time to socialise with peers	2
	More opportunities to meet people offline	1
Focus on future opportunities	Remote internships to help with job prospects	1
	Summer internship opportunities organised by the university	1
	Sessions on the future after education	1
Learning approach should be tailored	Remote internships to help with job prospects	1
	Tailor learning experience to specific course	2
Accessibility of environment	Learning style should be adapted to individual needs	1
	Ensure students have the space for distance learning	1
Other	Ensure students are able to access classes	1
	Call for more governmental responsibility	2
	Greater variety of course choice	1
	Reflection on experience in high school	1
	Prefer online learning	1
	Conspiracy around vaccines	1
	Conspiracy around mask wearing	1
	Support for those with autism	1
Free COVID tests	1	





## Appendix 7: Full thematic analysis of responses to the question *What role do you feel that youth work will play for young people as Scotland eases out of lockdown?*

Main Theme	Theme	Responses
Socialising	Re-establish community or social connection	95
	Safe place to socialise	74
	Meet new people	17
	Meet people with similar interests	3
	Prefer socialising in person than online	3
Mental health	Mental health support	109
	Gain confidence as things open up	34
	Reduces feelings of loneliness or isolation	10
	Helps with recovery	2
	Follow government guidelines to stop COVID spread	2
Benefits of youth work	Encourages engagement in organised activity or routine	22
	Something different to do	19
	More time outside	18
	Develop new skills	12
	Away from screens	4
	Try something new	3
	Encourages hard work	1
	Motivation	1
Support during times of transition	Easing back into normality	62
	Transitioning out of school	2
	Transition from primary to secondary school	1
Provides a support network	Support network	46
	Support from a trusted adult outside of school or home	8
Dedicated space to relax	Dedicated space to relax away from school	16
	Dedicated space to relax away from home	15
	Dedicated space to relax (general)	9
	Distraction from difficulties during lockdown	8
	Safe space (general)	5
	Safe space online	1
General comments	Fun (general)	18
	Help (general)	9
	Opportunities (general)	4
	Large role (general)	3
	Good (general)	1
Physical health	Physical activity and fitness	19
	Sporting activities and clubs	11
Taking into account young people's opinions, needs and interests	Allow young voices to be heard	8
	Specific focus on needs of young people	6
	Advocacy for education support	1
	Advocacy for employment support	1
Other types of support	Educational support	9
	Helps with employment prospects	4
	Financial support	2
Personal experience	Personal positive experience	6
	Personally see the impact as a group leader	3
	Personally see the impact as a volunteer	1

# Lockdown Lowdown

A survey of young people in Scotland as lockdown begins to ease



Other youth group activities	Creative activities	5
	Volunteering opportunities	2
Improvements needed	Re-open all classes or activities	2
	Would like better youth clubs	1
	Inconsistency between different activities re-opening	1
	Difficulty continuing club activities online	1
	Clubs or activities no longer available	1
	Opportunities for young people from poorer backgrounds	1
Support or opportunities for specific groups	Support for vulnerable people	1
	Clubs for people with ASN	1
	Opportunities for care experienced young people	1
	Opportunities for young carers	1
	More important for younger teenagers	1
Other	Follow government guidelines to stop COVID spread	2
	Access to parks	1
	Everything	1
	Will make things difficult	1
	Will take pressure off other services	1
	Youth space will help keep young people away from those at high risk of catching COVID	1



**Appendix 8: Full thematic analysis of responses to the question *As lockdown restrictions ease, plans are being made to create more opportunities for young people to socialise, take part in a range of activities over the summer holidays and to open up community spaces. Please tell us what would be of most benefit to you and your friends over the summer holidays.***

Main Theme	Theme	Responses
Relax restrictions	Allow meeting indoors	59
	Allow meeting up with more people	52
	Return to full normality	46
	Ability to travel (Scotland or UK)	37
	Allow overnight stays at other people's homes	13
	General	13
	No more lockdowns	12
	Ability to travel (abroad)	11
	Remove social distancing	10
	Remove face coverings	9
	Self-isolation exemption for students	1
	Remove need for queues	1
	Workshops, lessons or clubs	Sport or physical activity
General		40
Outdoor skills		15
Music		12
Cooking		4
Drama		3
CV and interview skills		2
Environmental		2
LGBT support		2
Gardening		1
Science		1
Maths		1
Safety or self defence		1
Re-open facilities		Hospitality
	Swimming pools	29
	General public spaces	27
	Shops	25
	Indoor activity or leisure centres	21
	Cinemas	17
	Outdoor activity centres	8
	Gyms	6
	Arcades	3
	Theatres	3
	Ice rinks	3
	Museums	2
	Libraries	1
	Local businesses	1
Activity types	Outdoor activities (general)	54
	Activities (general)	26
	Activities that promote socialising	22
	Activities for different age groups	8

# Lockdown Lowdown

A survey of young people in Scotland as lockdown begins to ease



	Picnics	6
	Allow school extracurricular activities to resume	5
	Inflatable activities	3
	Activities for school leavers	3
	Pub quizzes	1
	Baby and toddler groups	1
	Being around other people generally	93
	Be around friends	12
	Be around family	78
Dedicated safe space for socialising	General	3
	For young people with additional support needs	2
	For young carers	26
Proper break from current situation	Break from current reality	23
	Break from school stress	19
	No schoolwork during holidays	2
	Extend the summer holiday	15
Events	General	8
	Festivals	7
	Sport	6
	Concerts	6
	Fun fairs	6
	Online events	3
	More communication around events	3
	Art fair	1
	Gaming	1
Financial incentives, grants or discounts	Activities to be free of charge	16
	Improved income or grants to be able to join activities	10
	Activities to be cheaper	9
	Discounts - Hospitality	3
	Vouchers - Food	2
	Discounts - Gyms	2
	Discounts - Leisure centres	2
	Discounts - Retail	1
	Funding to support the wellbeing of young people with additional support needs	1
	Vouchers - Retail	1
	Discounts - Cinema	1
Rewards or incentives	1	
Type of space	Green space or parks	16
	Outdoor space that can be hired by groups	6
	Outdoor space (general)	5
	Skateparks	4
	Indoor space	3
	Accessible to all	1
	Indoor space that can be hired by groups	1
	Art and crafts	19
Workshops, lessons or clubs	Games or gaming	10
	New skills	5
	Team building	2
	Access to beaches	14
Access to outdoor spaces	Access to a caravan or campsite	11
	Walks	10
	Access to forests	1

# Lockdown Lowdown

A survey of young people in Scotland as lockdown begins to ease



Trips or holidays	Trips or holidays (general)	27
	Residential activity holidays	7
Accessibility of public transport	Make public transport free	10
	Access to public transport	7
	Make public transport cheaper	7
General comments	Fun (general)	18
	Anything	3
	Everything	1
Mental health and wellbeing support	Mental health and wellbeing support	20
Education	Educational catch up sessions	8
	Extra time in school	6
	Summer school	4
	Return to learning in person full-time	1
	Homework	1
Employment	Job opportunities	9
	Work experience opportunities	8
	Employment support	1
Reiteration that COVID-19 is still present	Caution that COVID-19 has not gone away	7
	Regular access to lateral flow tests	3
	Do not allow international travel until COVID is under control	2
	Another lockdown	2
	Clear communication around COVID restrictions in each area	2
New experiences	Opportunities to meet new people	12
	Opportunities to try new things	1
	Dating opportunities	1
Volunteering opportunities	Volunteering opportunities	12
Focus on existing facilities rather than creating new ones	Restoring existing spaces	4
	Funding for existing activities	2
Feeling like young people are being scapegoated	Feeling like young people are being scapegoated	6
Safe spaces	Safe space to do things independently	2
	Improved safety in their area	2
Allow milestones	Allow school dances	1
	Allow graduation in person	1
Other	Access to vaccinations	3
	Free parking	2
	Areas free from litter	2
	Focus on rural areas	1
	Reduce waiting lists for driver's licenses	1
	Allow young people to be involved in community change	1
	Access to hygiene products in public spaces	1
	Breakfasts	1
Better internet	1	



## Appendix 9: Full thematic analysis of responses to the question *Is there anything that could help you improve your relationships that have been negatively impacted by the pandemic?*

Main Theme	Theme	Responses	
Ability to socialise	Ability to socialise (general)	125	
	Time	17	
	Opportunities to make new friends	12	
	Spend time with friends to have space from family	11	
Description of impact	Reduced quality of friendships	36	
	Strain on household relationships with increased time at home	21	
	Difficulty readjusting to social situations	14	
	Reduced quality of family relationships	9	
	Reduced number of relationships	5	
	Positive impact	3	
	Life change made socialising harder	3	
	Isolation	3	
	Strain on relationships due to mental health issues	2	
	Difficulty reading expressions due to face coverings	1	
	Trouble at school leads to trouble at home	1	
	Parent or carer has become stricter	1	
	Lack of shared experiences	1	
	Re-open facilities or activities	Re-open facilities or activities (general)	25
		Hospitality	14
Sports or physical activity		9	
Cinema or theatre		7	
Retail		7	
Leisure and recreation		4	
Outdoor skills		3	
Gaming		2	
Music		2	
Museums or galleries		1	
Environmental		1	
Driving test centres		1	
Allow specialist youth groups to use facilities		1	
Religious		1	
Relax restrictions	Allow meeting indoors	18	
	Ability to travel (Scotland or UK)	15	
	Relax restrictions (general)	12	
	Return to full normality	6	
	Allow meeting up with more people	6	
	Ability to move to another place	3	
	Ability to travel (abroad)	3	
	Allow parties	3	
	Allow overnight stays at other people's homes	3	
	Remove need for face coverings	2	
	Allow physical touch	1	
	Discrepancy between social distancing in and out of school	1	
Dedicated spaces for socialising	Greater variety of spaces	26	
	Safe space	8	

# Lockdown Lowdown

A survey of young people in Scotland as lockdown begins to ease



	Outdoor	7
	Accessible	2
	Affordable	1
	Social bubbles	1
	Indoor	1
Mental health support	Mental health support	22
	Mental health support for parent or carer	1
Socialising in school	Dedicated time to relax and socialise with peers	10
	Allow extracurricular activities	4
	More break or lunch times	2
	More to be done about bullying	2
	Allow seating next to friends	1
	School trips	1
	Allow pupils to mix	1
	Greater variety of spaces	1
Happy within relationships	Happy within relationships	19
Access to outdoor space	Access to outdoor space	11
Schoolwork	Reduce schoolwork to free up time	8
	Parent or carer worried about schoolwork	1
Events	Events (general)	6
	Tailored to young people in late teens or early twenties	2
	Concerts	1
Socialising in school	Return to learning in person (full-time)	7
Support for specific groups	Additional support needs	2
	Health conditions	2
	Addicts	1
	Younger teenagers	1
	LGBT+	1
Socialising online	Increase video calls	3
	Dedicated safe spaces	1
	Virtual youth group	1
	Social media	1
Financial incentives, discounts or support	Incentives to socialise - Family discounts on days out	1
	Financial support for parent or carer	1
	Incentives to socialise (general)	1
	Financial support for students	1
	Incentives to socialise - Discounts on sporting activities	1
Enforce restrictions	Use of facial coverings	3
	Harder temporary lockdown	1
	International travel	1
Judgement by others	Clear communication around restrictions and exemptions	2
	Partner in military	1
	Students blames for spread	1
	Different views around restrictions	1
Trips or holidays	Trips or holidays	4
Socialising in university - Return to learning in person (full-time)	Socialising in university - Return to learning in person (full-time)	4
Difficult family dynamic	Difficult family dynamic	4

# Lockdown Lowdown

A survey of young people in Scotland as lockdown begins to ease



Exception with current socialising rules	Vulnerable family members	2
	Caring responsibilities	1
	Couples who live with other couples	1
Accessibility of public transport	Access to public transport	2
	Make public transport free	1
Communication support	Addressing difficult issues	1
	People do not understand mental impact of COVID	1
Job or volunteering opportunities	Volunteering opportunities	1
	Job opportunities	1
Other	Money (general)	2
	Kinder to family	2
	Workshops to help reconnect socially	2
	Eradicate COVID	2
	Opportunities for parents	1
	Reach out more	1
	Alone time at home	1
	Bike rental	1
	Access to vaccinations	1
	Free activities	1





## Appendix 10: Full thematic analysis of responses to the question *Thinking about the future, what ways would you like to receive support around your employment?*

Main Theme	Theme	Responses
Careers advice in school	Accessible resources about different opportunities	30
	Careers advice in school (general)	24
	More structured education around employment	22
	Information about applying for HE or FE	20
	Increased access to advisors	16
	Information on qualification routes	7
	Encouragement and positivity	4
	Partnerships between schools and employers	4
	Events	4
	Tips on what employers want	3
	Accessible digital resources about different opportunities	3
	More information on impact of COVID on career	3
	Skills support	CV, personal statement or application writing
Interview skills		20
Preparation for the workplace environment		8
Taxes and financial information		7
Life skills (general)		6
Access to opportunities that will boost employability	Access to training or apprenticeships	38
	Access to work experience or placement opportunities	30
	Access to volunteering opportunities	8
	Access to mentorships	5
Workplace environment	Sociable and supportive colleagues	11
	Decent wage	11
	Mental health support available	8
	Equality and inclusivity	4
	Support with health conditions	3
	Adaptable to remote working	3
	Would like to be in person	3
	Financial support (including bonuses)	3
	Flexibility	3
	Fair working hours	2
	Clear communication around changes	2
	On the job training opportunities	2
	Positive (general)	2
	Equal pay	1
	Improved sick leave	1
	Regular annual leave	1
	Ensure employee safety	1
	External appraisals	1
	Reduction in workload	1
	Environmentally conscious	1
Redundancy support	1	
Support or advice	Support or advice (general)	43
	Support from family	6
	Support from friends	2
	Support from Skills Development Scotland	2

# Lockdown Lowdown

A survey of young people in Scotland as lockdown begins to ease



	Youth workers to provide career advice and preparation	1
Finding a job	General access to job opportunities	30
	Accessible resources about different opportunities	6
	Increased availability of part-time jobs	5
	Tips on applying to niche or specific fields	4
	Accessible digital resources about different opportunities	4
	Local communication about opportunities	3
	Honest description of jobs and their advantages or disadvantages	1
Hiring process	Recognition of the negative impact of COVID on education	11
	Remove need for experience to get jobs	10
	Equality of opportunity	10
	Recognition of education and skills over experience	4
	Constructive feedback on applications	4
	Accommodation for mental health issues	1
More opportunities (general)	More opportunities (general)	25
Transitioning out of HE or FE	Careers advice (general)	9
	Direct career path	4
	Mental health support	2
	Events with prospective employers	2
	Financial support	2
	Opportunities to work abroad	1
	More information on impact of COVID on career	1
Yes (general)	Yes (general)	17
Wider societal issues	Introduce Universal Basic Income	3
	Allow younger people to be employed	3
	Create more jobs for young people	3
	Ensure the economy is functioning	2
	Increase minimum wage	2
	Would have liked the opportunity to work in the EU	1
	Restrict or remove zero hours contracts	1
Concern over impact of COVID on employment prospects	COVID has negatively impacted prospects	8
	Concern that lots of skilled workers are now flooding job market due to job loss during COVID	4
	Concern about lack of funding in chosen career	1
	Concern that higher or further education is no longer valuable	1
Job security or stability	Job security or stability	14
Entry to HE or FE	Recognition of the negative impact of COVID on education	6
	Access to opportunities to apply	2
	Financial support	2
	More course choices	1
Mental health support (general)	Mental health support (general)	11
Open facilities	Open businesses	4
Workplace environment	Open schools	2
	Understanding of personal circumstances during COVID	5
Educational	Focus on getting good grades to improve employability chances	4

# Lockdown Lowdown

A survey of young people in Scotland as lockdown begins to ease



	Retake the school year	1
Support for specific groups	Health conditions	1
	Additional support needs	1
	Young carers	1
	Care experienced young people	1
	Disadvantaged young people	1
	Financial support (general)	Financial support (general)
Equality of opportunity (general)	Equality of opportunity (general)	4
Comment on the Young Person's Guarantee	Question about the Young Person's Guarantee	1
	Positive opinion of the Young Person's Guarantee	1
	Governmental projects similar to the Young Person's Guarantee	1
	Negative opinion of the Young Person's Guarantee	1
General positive feelings	Happy with current support	2
	Feeling positive	1
Other	Encourage outside interests or extracurricular activities	3
	Specific careers	2
	Consideration or understanding (general)	1
	Time to make decisions (general)	1
	Young Scot to up their age limit	1
	Community learning hubs	1
	Giving up qualifications as would rather earn	1



## Appendix 11: Full thematic analysis of responses to the question *Are there any ways in which you would like to receive support for any of the issues raised in this section of the survey?*

Main Theme	Theme	Responses	
Mental health and wellbeing	Support (general)	15	
	Increase or improve support in schools	12	
	Access to therapy or counselling	7	
	Access to services (general)	6	
	Taken seriously	5	
	Accessible information resources	5	
	Reduce workload in schools	4	
	Open and honest discourse	4	
	Reduce pressure on school assessments	2	
	Ability to socialise	2	
	Support if you have caught COVID or have to self-isolate	2	
	Reduce waiting times	2	
	Personal negative experience	2	
	Access to support groups	2	
	Increased funding for services	1	
Physical health and wellbeing	Access to vaccinations	15	
	Access to regular COVID testing	8	
	Enforce safety measures in schools	7	
	Relax safety measures in schools	3	
	Re-open gyms and leisure centres	3	
	Enforce safety measures	2	
	Accessible information resources	2	
	Access to physical activities	2	
	Stagger movement through schools	1	
	Be stricter with checking exemption criteria	1	
	Do not want to return to learning in person yet	1	
	Do not forget about other health conditions	1	
	Coronavirus	No more lockdowns	2
		Honest and reliable communication around current situation	2
Stop media scaremongering		2	
Be stricter with the current lockdown		2	
Consistent messaging around restrictions		2	
Financial support when self		1	
Listen to scientists		1	
Government to talk directly to young people		1	
Close schools to avoid transmission to vulnerable people		1	
Close schools (generally)		1	
More localised statistics		1	
Do everything to prevent future waves		1	
Reliable information around vaccines		1	
Do not allow people back to workplaces until vaccinated		1	
Accessible information resources		1	
Enforce restrictions on international travel	1		

# Lockdown Lowdown

A survey of young people in Scotland as lockdown begins to ease



Concern or question	Rights are currently being denied	4
	Concern over impact of another school closure	4
	Concern about transmitting COVID	3
	Concern over impact of another lockdown	2
	Complaint about Universal Credit	1
	Getting vaccinated when registered with a different GP	1
	Concerned about being on the school bus	1
	Concern over impact of another wave	1
Feel supported or already accessing support	Feel supported	8
	Already accessing support - Mental health and wellbeing	4
Rights	Increased education about young people's rights	4
	Taken seriously	1
Employment or training	Support finding work	1
	Impact of COVID on getting a job	1
Help or support (general)	Help or support (general)	2
Other	To feel safe while outdoors	2
	More avenues for young people's voices to be heard	1
	Access to social workers	1
	Better hand sanitiser	1
	Re-open hospitality	1
	Education - Impact of COVID on entry to HE or FE	1
	Increased education about disease prevention	1



## Appendix 12: Full thematic analysis of responses to the question *Are there any topics not included above that you would like more information about at this time*

Main Theme	Theme	Responses
Coronavirus	Vaccinations	7
	Restrictions (general)	5
	International travel restrictions	4
	Case statistics	4
	Regular COVID updates	3
	Transport	2
	Testing	2
	Ways to stop the spread	1
	Deaths	1
	Likelihood of future waves of COVID	1
	Return to full normality	1
Mental health and wellbeing	General	8
	Support	4
	Suicide	2
	Self harm	1
Education	Exams or assessments	4
	General	3
	Support with blended learning	2
	How to apply to HE or FE	2
	Time management	1
	Grading processes	1
	Resources to help catch up on work	1
	Return to learning in person (HE or FE)	1
Employment or training	Careers advice	3
	General	3
	Apprenticeships	2
	How to find a job	2
	Young Person's Guarantee	1
Finance	Support	5
	Benefits	1
	General	1
Easing out of lockdown	Details of activities that are running	4
	When hospitality will re-open	1
	Resource detailing places that have re-opened	1
How to support others	Elderly	2
	Physically vulnerable	1
	Shielding from COVID	1
	Friends	1
Physical health and wellbeing	General	2
	Addiction	1
	Endometriosis	1
Support for specific groups	LGBT+	2
	Young carers	1
	Vulnerable families	1
Finances	Taxes	1
Other	Help or support (general)	2

# Lockdown Lowdown

A survey of young people  
in Scotland as lockdown  
begins to ease



	Voting	1
	How to find reliable and trustworthy information	1
	Housing	1
	Food	1
	Languages	1
	Future	1
	Everything	1
	Entertainment	1



**Appendix 13: Full thematic analysis of responses to the question *If there are ways in which provision of information around coronavirus (COVID-19) could be improved, please use the box below to tell us your ideas.***

Main Theme	Theme	Responses	
Places for information	Dedicated COVID update time in school	35	
	Resources in school	16	
	On the streets	6	
	Announce updates wherever possible	3	
	Advice centres	1	
	Dedicated COVID update time in HE or FE establishments	1	
	Dedicated COVID update time in workplaces	1	
Improvements to current resources	Clear presentation of facts	24	
	Easy to read layout	7	
	Language that is easier to understand	5	
	Consistency	2	
	Not restricted to late-night news	1	
	Explain benefits of goals e.g. re-opening facilities	1	
	Keep terms and phrases similar to UK government to avoid confusion	1	
	Adverts that are informative rather than fear-based	1	
	Be more specific	1	
	Ensure information is eye-catching	1	
	Digital resource	Social media (general)	12
	Digital resource	Website with current rules clearly presented	7
		Texts	3
Videos		3	
Emails		3	
Dedicated pages on social media		2	
Advertise on social media		2	
Search for rules by area		1	
Young Scot website		1	
Digital billboards		1	
App		1	
Pinned posts or graphics		1	
Physical resource		Posters	12
		Leaflets	9
	Letters	6	
	Newsletters	1	
Confusion around current rules	Confusion around current rules	12	
Breakdown of information	By age groups	3	
	By localised area	3	
	By levels	2	
	Time series graphs with markers for changes	1	
	By Local Authority	1	
Ensure information is reliable and trustworthy	Ensure information is reliable and trustworthy	6	
	One source to avoid confusion	3	
Adverts	Adverts (general)	7	
	TV Adverts after young people's TV programmes	1	
Frequency of updates	Weekly	6	



# Lockdown Lowdown

A survey of young people in Scotland as lockdown begins to ease



	Daily	1
	Increase frequency	1
Topic	Vaccinations	2
	Mental health	1
	Rules around socialising	1
Too much information	Too much information	4
Resources for specific groups	Additional support needs	1
Organisations	Collaboration with influencers to make sure information reaches young people	1
Other	Positive opinion of Young Scot resources	2
	Happy with current methods	2
	Dedicated resource for young people (general)	2
	Ensure rules are changed with plenty of adjustment time	2
	Question about rights	1
	Prompts to check updates	1
	Difficult to understand	1
	Cartoons	1